



SACL Values

(As Determined in Consultation with
Persons Supported, Families & Care
Providers, SACL Staff, Management,
Board of Directors & CLBC)

- Friendships & Relationships
- Meaningful Activities
- Life Long Learning
- Having a Say
- Being Safe & Healthy
- A Welcoming Community
- Honoring the Past & Embracing the Future



What's New

Since our last newsletter in November of 2014, we have been very busy....

1st Annual Halloween Costume Gala Fundraiser

On October 31, 2015, SACL held it's first annual Halloween Costume Gala fundraiser at Outlaws Saloon here in Salmon Arm. A great time was had by all, and some fantastic prizes were awarded. SACL raised over \$2,000 from this event. See page 4 for full details and event photos.

New Logo

In June of 2015, SACL released a new agency Logo. Our logo has been updated to reflect the changing times and direction of Community Inclusion. The new design depicts two individuals working together to become one within the community.

Clothing Donation Bins

In Partnership with Inclusion BC and Value Village, SACL placed 3 clothing donation bins in Salmon Arm as a new fundraising project. The bins are located at Askew's Downtown, Askew's Uptown and at Outlaws Saloon. This initiative is helping to raise funds to expand or improve current services as well as providing employment opportunities to people with developmental disabilities. **Thank you for all your support, the bins are doing very well!**

Please visit www.shuswapacl.com for complete details.

Include Me Satisfaction Survey!

In October of 2014, SACL partnered with Include Me BC and CLBC to collect information based on Dr. Schalock's 8 Quality of Life Domains (**Personal Development, Self-Determination, Interpersonal Relation, Social Inclusion, Rights, Emotional Well-Being, Physical Well-Being and Material Well-Being**) to improve our services and the quality of living for the persons we support. Surveys were conducted and the results summary can be found on our website under 'Satisfaction Surveys' or visit http://shuswapacl.com/frequently-asked-questions/#.VISumL_yTVE

Welcome!

We are pleased to welcome several new Staff Members to SACL including: **Stephanie Clifford, Teuntje Dekker, Judy Wetherill, Mellissa Furler, Sheila Lewis, Nicole Sjolie**, and our new Services Manager **Gary Arbuckle**.



“All our dreams can
come true – If we have
the courage to pursue
them.”

Walt Disney



**Shuswap Association
for Community Living**

Special Events and Agency Happenings

- **SACL Persons Supported
Holiday Party**
(December 3, 2015)

Agency Closure Dates – 2016 (HWLS & Community Volunteer Services)

- **Spring Closure**
Monday, March 21st, 2016 – Monday,
March 28th, 2016
- **Summer Closure**
Monday, August 1st, 2016 – Friday,
August 5th, 2016
- **Winter Closure**
Monday, December 26th, 2016 –
Monday, January 2nd, 2017

Staff Development Days:

- January 15th, 2016
- February 19th, 2016
- March 18th, 2016
- April 15th, 2016
- May 20th, 2016
- June 17th, 2016
- July 15th, 2016
- August 19th, 2016
- September 16th, 2016
- October 21st, 2016
- November 18th, 2016
- December 30th, 2016



Community Volunteer Program

Persons Supported are assisted in skill building and contributing to the community of Salmon Arm through volunteer opportunities with our community partners. Currently, we have 25 Persons Supported volunteering at the following locations:

Salvation Army Food Bank, Churches of Salmon Arm Thrift Store , RJ Haney Heritage Village & Museum, Bastion Care Facility, Shuswap Family Resource and Referral Society, Shuswap Family Daycare, SPCA, Shuswap Lodge, McGuire Lake Lodge.

Many of the people we serve volunteer at more than one non-profit per week.

*If you know of anyone looking for a volunteer, or if you would like to partner with one of our Volunteers, please contact **Elly Tufts at (250) 832-3885 Ext: 1101**
Or **Joanne Reitan at (250) 832-3885 Ext: 1102***

Community Supports

Shuswap Association for Community Living currently provides individual one-to-one supports to 18 individuals. SACL staff support healthy lifestyles and community inclusion through skill development, community activities and/or residential living support. Healthy choices are supported through grocery shopping, preparing healthy meals, assisting with cleaning and maintaining their own homes and pet care skills etc. Life Skills supports encourage individuals to learn to maneuver throughout their community via the bus system, make appointments such as dentist or doctor on the phone or in person, and assist with financial responsibility and budgeting skills. In the community we ensure that Persons Supported take part in meaningful community.

*The people we serve are always looking for meaningful friendships with others in the community that enjoy the same things as them, so if you are a bowler, swimmer, crafty, enjoy walking or just shooting the breeze please contact **Elly Tufts at (250)832-3885 Ext.1101** and she will be able to match you up with someone that may just enhance your life.*

Health, Wellness & Life Skills

Persons Supported who attend Health Wellness and Life Skills services enjoy being part of their community. They make frequent trips to local coffee shops and restaurants, and go on outings to the movies, the driving range, and the bowling alley. Small groups regularly attend aqua fit and Tai Chi sessions where they have begun to form friendships with other community members who also attend regularly. We enjoy spending time with the folks at McGuire Lake Lodge playing pool and listening to music together. We also had a garden in their kindly donated space. Again this summer, we had some regular jam sessions at the Wharf on Mondays with our music therapist in mid-June; everyone is always welcome to join in. Persons Supported also enjoyed watching the ever-changing landscape around the downtown area and have been practicing their photo skills to document these changes. Persons Supported continue to conscientiously do volunteer work at the following locations: Salvation Army Food Bank, Churches Salmon Arm Thrift Store, RJ Haney Heritage Village & Museum, Bastion Care Facility, Shuswap Family Resource and Referral Society, Shuswap Family Daycare, SPCA, Shuswap Lodge, McGuire Lake Lodge.

**Braby Motors – Buckerfield’s – Centenoka Mall – Courthouse – Credit Union – CSRD
Gemm Diesel – Hilltop Toyota – Home Building – Lakeside Printing
Landmark Forestry Management – Living Waters Church – Mascon – MCFD –
Milestone Fabricating – NAPA – Salmon Arm Observer – ReMax
Salmon Arm Truss – Scotia Bank – Sila Grow – Super Self-storage
rademark Glass – Tri-Crown – Westside Towing**

Mission:

Shuswap Association for Community Living creates opportunities and provides support to optimize the potential of individuals with intellectual disabilities.

Vision:

We envision a caring and supportive community where all people are valued.

Community Employment Services

The team at Community Employment Services have been busy upgrading their skills this winter. CES staff were able to attend a two-day workshop on marketing as well as a course entitled "Beyond Traditional Job Development: *The Art of Creating Opportunity*". We also provided training to staff who works in SACL's Community Inclusion Services in order to expand the team who are constantly on the lookout for employment opportunities for people. Four staff attended a workshop on Effective Job Coaching Strategies and 13 staff attended a workshop on Customized Employment.

We currently offer support to 50 individuals in a variety of capacities. Some people are currently seeking first time employment in the community. Others need some assistance to maintain their current employment. And others, although they have employment, want to explore a change to a new job or an increase in hours by adding a different job to their schedule. 31 persons supported currently have employment in the community; their jobs range from part-time to full-time depending on the needs of the individual.

Please help us to show support by frequenting the following local community businesses that support individuals with diverse abilities:

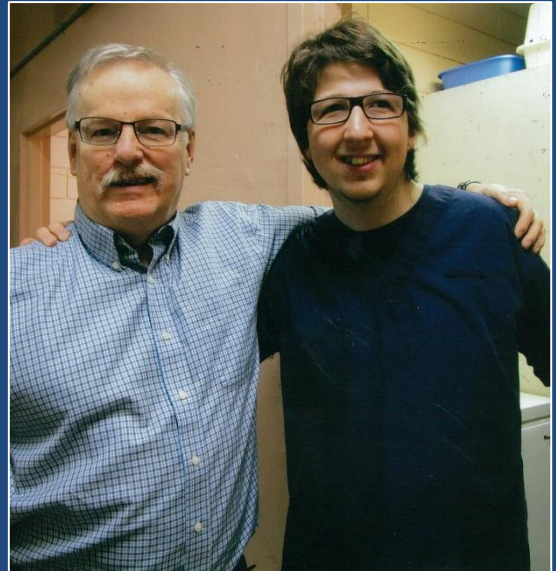
A&W, Andover Holdings
Askews Salmon Arm
Askews Sicamous
Aspiral Youth Partners
Boston Pizza
Bowers Funeral Service
Canadian Tire
Chevron, Comfort Inn
CSRD-Columbia Shuswap Regional District
Dairy Queen
Downtown Improvement Association
Family Place
Fischer's Funeral Services, Ford
Grass Roots Dairy
BC Hydro, IMECC Holdings
King's Christian School, Landers Lodge
LASS-Literacy Alliance of the Shuswap Society
Liberty Tax, No Frills
Salmon Arm Observer, Senior's Drop in Center
Shoppers Drug Mart, Shuswap Children's Association
Shuswap Community Resources Cooperative
Shuswap Vetrenarian Clinic
Starbucks Coffee Company
Weight Watchers

These diversified businesses truly show what this community is all about! Please show your support and appreciation by frequently dropping in for your purchase needs. For more information please remember to visit our website at www.shuswapacl.com

We are ALWAYS looking for more diversified employers in and around this area. Enquiries about how our successful employment process, please call:

Employment Services 250-832-3885 - Extension 1310
for more information.

Employee Profile Jonah Wiebe At Shuswap Veterinary Clinic



In a short time of Jonah moving to Salmon Arm in 2012 he became a valued member of the community. He is always willing to help others, even by holding doors open for elderly strangers. In the past he has volunteered in the community at various locations.

With the tools used in Customized Employment it became clear that Jonah's interests led towards his passion for animals and people. With his employment opportunity at Shuswap Veterinary Clinic, it created an open door for Jonah. He assists in keeping both areas of the kennels clean, helps the staff put the food and medication orders away, takes out all the recycling, and does general clean-up duties. He is truly dedicated to his job and has not missed one day of work in almost a year.

Great job Jonah!

"Jonah has been working at the Shuswap Veterinary Clinic for almost a year. He is always happy to come to work, and we enjoy having him here. He helps to keep the clinic clean and tidy, which makes it a good place for our clients to bring their pets."

Tony Hudson, Manager

Halloween Gala Prize Donors:

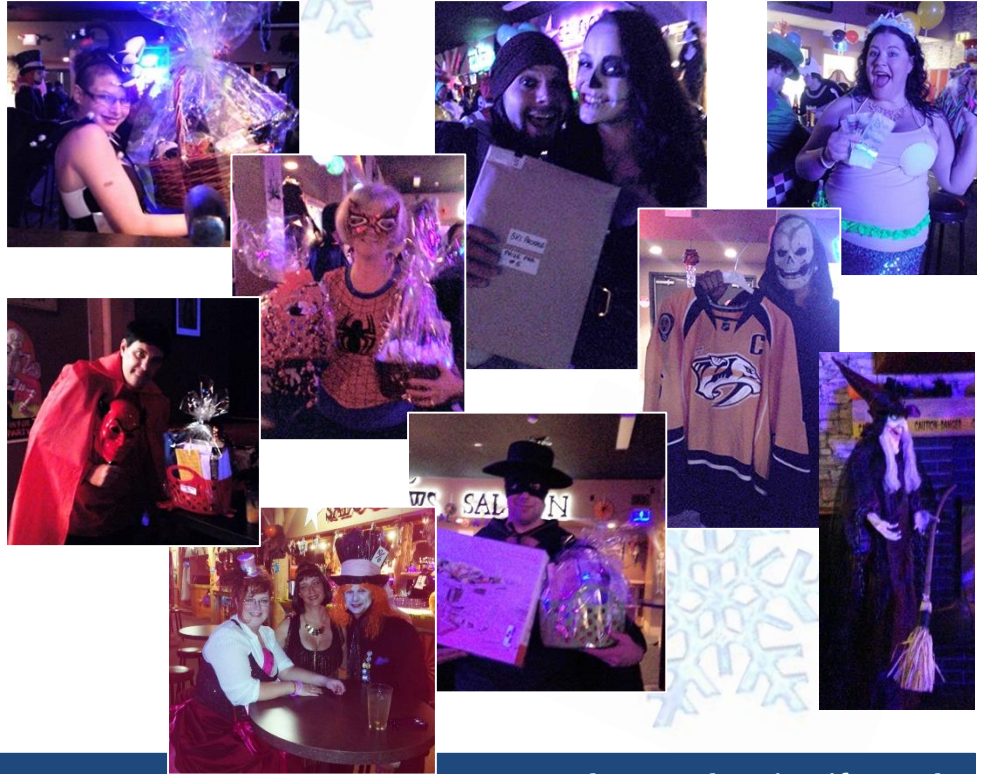


(Please support the generous businesses who donated to our event):

Bookingham Palace Bookstore
 Bugerbee's Clothing Emporium
 Canadian Tire
 Celistia Estate Winery
 Comfort Inn & Suites
 Crazy Creek Resort & Hot Pools
 Destination Spa Bed & Breakfast
 Gondwana Gallery
 Harty Clothing
 Hilltop Toyota
 Jacobson Ford
 New Bombay Grill
 Northern Reflections
 Ovino Winery
 Podollan Inn
 Prestige Harbourfront Resort
 Quaaout Lodge
 Recline Ridge Vineyards & Winery
 Revelstoke Mountain Resort
 Save-On-Foods
 Shoppers Drug Mart
 Shuswap Pie Company
 Staples
 Touch A' Texas Clothing
 Wal Mart
 Staples
 Suzanne's Clothing
 Xcalibur Kawasaki & Car Wash

1st Annual Halloween Costume Gala Fundraiser

On October 31, 2015, SACL held its first annual Halloween Costume Gala at Outlaw's Saloon in Salmon Arm. We gave away 2 door prizes, 5 prize package draws, a 50/50 draw, and prizes for best gals, guys and couples costumes. The event ran from 8pm until midnight, and a great time was had by all! We raised over \$2,000 from the event! Many thanks to all the local businesses who donated prize items and to Big Mike at **Outlaw's Saloon** for the donation of the venue, music, and staff!



We have Askew's Gift Cards

Pick up your \$50.00 Askew's Gift Cards at the SACL Administration Offices. Part of the proceeds from your purchase help to support SACL Programs & Services.

Administration Office Hours are Monday, Tuesday & Thursday – 8:00 am – 3:30 pm

Thank You for your Generous Donations:

Your donations are instrumental in helping SACL expand and implement new services. We send our thanks to all the generous people and community businesses and organizations who donated to SACL this year. To find out more about our donors, please visit our website at www.shuswapacl.com

Did you know you can now Donate to SACL by 'Rounding Up' on your RBC or BMO Credit Card?

SACL is now a member of 'Change-It', a charitable organization who is in partnerships with banking institutions to allow you to 'round up' on your credit card purchases, and donate the rounded-up amount to SACL! For more information, visit our website at www.shuswapacl.com

Please Donate! Yes, I would like to support SACL at www.shuswapacl.com or Mail, Fax or Drop-off my Donation.

To: #301 – 371 Hudson Avenue NE Mailing Address: Po Box 153, Salmon Arm BC V1E 4N3 Phone: 250-832-3885 Fax: 250-832-1076

Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Email: _____ Phone: _____

Cash Cheque Money Order Other

\$25 \$50 \$100 \$250 \$500 Other _____

*All charitable donations over \$20 will be issued a Tax Receipt
Charitable Donation # - 107979247RR0001*